

# The Compass Rose

The Shire of Kings Crossing

April 2020

## Arts and Sciences

### SHIRE EVENTS

Check our Facebook page for updates on meetings, local events and gatherings.

### KINGDOM EVENTS

Check the Kingdom of Aethelmearc website for the latest information on event status.

### OFFICERS OF THE SHIRE

Seneschal – Lord Heinrich Holtzapfel von Herxheim

Herald – Sebastian Wolfgang von Bayern

Thrown Weapons Marshal-Lord Jodocus Van Cleef

Chronicler – Nia of Glan y Mor

Exchequer - THL Sven Tyrvisson

Chatelain – Lady Breanna Eileen Taith-lach

Chirurgion – Sebastian Wolfgang von Bayern

Webminister – THL Sven Tyrvisson

A&S – Mistress Chrestienne de Waterdene

Please visit Shire of Kings Crossing website page for contact information.

kingscrossing.aethelmearc.org



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Baking is both art and science.

A favorite shire recipe submitted by our Seneschal and enjoyed by many at 12<sup>th</sup> night hosted by the Shire of Misty Highlands this past January.

Recipe by Daniel Myers

### POWDER DOUCE

3 Tablespoons ginger

2 Tablespoons sugar

1 1/2 Tablespoons cinnamon

1 teaspoon cloves

1 teaspoon nutmeg

Mix all of the ingredients and place in a jar.

What's not to like!

Sprinkle it on everything like the following bread recipe submitted by Lady Breanna.

## PEASANT WHEAT BREAD

3 cups bread flour  
2 cups wheat flour  
1 tsp salt  
2 cups warm water  
1 Tablespoon yeast  
2 Tablespoons sugar

Preheat oven to 375 degrees.

In a large bowl place flours and salt and mix.

Make a well in the center of the flour.

Add water, yeast and sugar. Let sit a few minutes until foamy. Bring the flour mixture in from the sides until all is incorporated and a soft dough is formed. Knead for 8 minutes. Let rise for one hour. Form into desired shapes. Cover in flour and use a sharp knife to cut expansion slits. Let rise another 45 minutes. Bake for 20 minutes in a 375-degree oven.

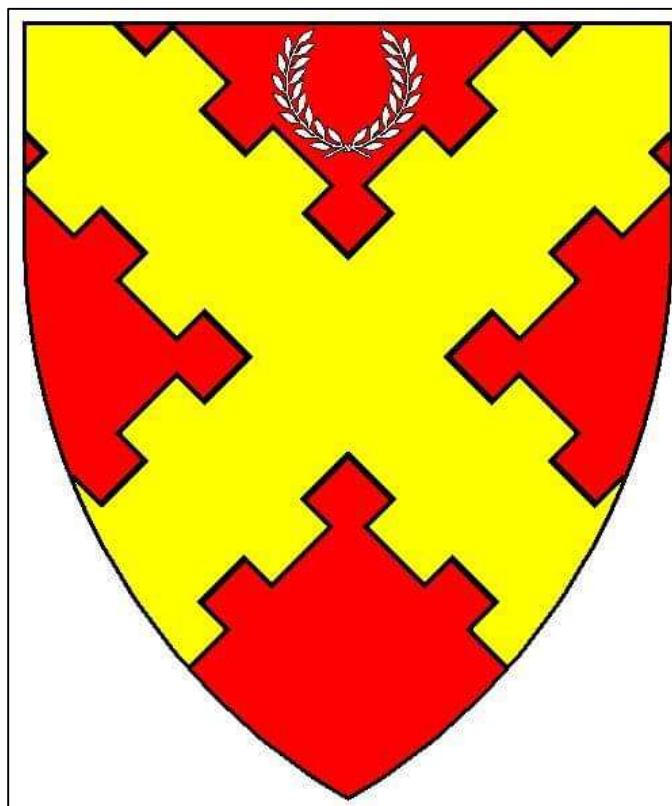
Call for pictures from events you have attended as well as your favorite period or modern recipes.

Also, let us know what projects you are working on and how you have spent your time while in quarantine. Pictures of these projects most welcome.

## ALL THE BEST TO YOU ALL!

**I**f you are new to the Shire, please send me a bit of information about yourself so that we can get to know you.

I am new to both the Shire and the SCA and your Chronicler. I attended a Shire meeting in August of 2019, something I had thought about doing for many years. Everyone was welcoming and willing to share their knowledge and interests within the SCA. My persona is a bit fluid at this point, but I did settle on a SCA name with Welsh influence, *Nia of Glan y Mor*, *Nia of the seaside*. In the modern world I am a former teacher and am now a reflexologist. Hobbies include dancing and herbalism with a deep interest in cultural anthropology and archaeology. – Beth Chatham



**W**e are the Shire of Kings Crossing, a chapter within the Society for Creative Anachronism (SCA), recreating the Middle Ages and Renaissance periods. We participate in learning many skills including cooking, sewing, dancing, singing, storytelling, combat, brewing, and more.

Learn more about the Society for Creative Anachronism at its website, [sca.org](http://sca.org)